

FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

WEEK ONE

MONDAY Authentic Italian

Option 1 **BBQ Chicken Pizza**
Crudites

Option 2 **Margherita Pizza**
Crudites

TUESDAY Family Faves

Beef Burger in a Bun
Oven Baked Wedges
Coleslaw

Super Veggie Burger in a Bun
Oven Baked Wedges
Coleslaw

WEDNESDAY Backing British

Roast Gammon
Roasties and Fresh Vegetables
Gravy

Veggie Sausage & Summer Veg Traybake
Roasties and Fresh Vegetables
Gravy

THURSDAY Food Festival

Chicken Tikka Biryani
Wholegrain Rice
Coconut Green Beans

Roasted Sweet Potato Dhal
Wholegrain Rice
Coconut Green Beans

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Chips and Baked Beans

Baked Beans & Vegetable Dippers
Chips

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

Warm Pineapple
with Vanilla Ice Cream

Sticky
Gingerbread
Cake

Chocolate
Brownie

Strawberry Mousse
with Peach

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato

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21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

MONDAY Authentic Italian

Option 1

Creamy Chicken Pasta Bake

Whole Grain Penne
Garlic Slice
Green Salad

TUESDAY Family Faves

BBQ Pulled Pork & Mash

Carrots

WEDNESDAY Baking British

Roast Chicken & Stuffing

Roasties and
Fresh Vegetables
Gravy

THURSDAY Food Festival

Beef Lasagne

Potato Wedges
Rainbow Slaw

FRIDAY Fun Day

Baked Breaded Fish

Chips and
Mushy Peas

Option 2

Veggie Bolognese

Whole Grain Penne
Garlic Slice
Green Salad

Baked Bean & Veggie Sausage Cowboy Pie

Carrots

Cheese & Spring Onion Pastry Slice

Roasties and
Fresh Vegetables
Gravy

Veggie Nachos & Cheese

Potato Wedges
Rainbow Slaw

Carrot & Potato Cakes Homemade Tomato sauce

Chips and
Mushy Peas

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

Peach Puff Pastry Slice & Custard

Rice Krispie Cakes

Chocolate & Marshmallow Cake

Apple Pie & Custard

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato

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28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

WEEK
THREE

MONDAY Authentic Italian

Option 1 Meatball, Pasta &
Garlic Bread
Traybake
Sweetcorn ▲

Option 2 Tomato & Mozzarella
Gnocchi
Garlic Slice
Sweetcorn ▼

Potatoes

Crispy Skin Jacket Potato with Tasty Toppings available daily ◆

The Finale Chocolate Mousse
with Mandarin

TUESDAY Family Faves

Sticky Baked
Bangers & Mash
Green Beans
Gravy ▲

Sticky Veggie
Bangers & Mash
Green Beans
Gravy ▼

Sticky Toffee
Pudding &
Custard

WEDNESDAY Backing British

Roast Chicken &
Stuffing
Roasties and
Fresh Vegetables
Gravy ▲

Quorn Roast
Roasties and
Fresh Vegetables
Gravy ▼

Vanilla Sprinkle
Sponge

THURSDAY Food Festival

Honey & Soy
Chicken Stir Fry
Wholegrain Rice
Broccoli ▲

Crunchy Topped
Macaroni Cheese
Broccoli ▼

Apple Crumble
with Custard

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Chips and
Peas

Veggie
Croquettes
Chips and Peas ▼

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato